

PANORAMA

WINTER 2023

In this issue:

Summit makes campus upgrades
New dining plan offers options
The Summit Anniversary Party
Residents host Halloween events
Veterans recognized for service
Assisted Living celebrates Christmas
Deck the Halls brings good tidings
Upcoming Events & Appointments
Available Apartments

The
SUMMIT



New year, New look

The Summit is making a \$3 million investment in upgrades, including renovating the Independent Living commons space and building a new Assisted Living kitchen.

The capital improvements come on the heels of other improvements, including keyless entry, security cameras, new bus and handicapped accessible van, enhanced Internet services, upgraded generators, and new awnings and landscaping along Enterprise Drive.

Since purchasing The Summit in October 2021, LifeSpire of Virginia, which owns and operates several Life Plan Communities, has made tremendous investments that enhance the quality of life for residents.

This year, the Independent Living Commons Space will receive a major renovation, including relocating the fitness center and adding public restrooms.



The creative arts room will move to allow residents to engage in games and projects with outdoor views and organized space.

The focal point of the commons space will be a new cafe serving breakfast and lunch items, along with pre-dinner wine tastings and appetizers.

“We’re excited to bring another dining option and offer hors d’oeuvres before dinner with wine and socializing in the new lobby,” Executive Director Adam Feldbauer said.

Under LifeSpire’s leadership, The Summit has also moved its culinary program completely in-house. (See accompanying story).

According to Facilities Manager Timmy Colbird, Assisted Living’s finishing kitchen is being retrofitted to a full-service kitchen, improving the dining experience.

“It’s nice to see Assisted Living’s dining options being equal to Independent Living,” Marketing Director Brenda Dixon said.

Assisted Living upgrades also include relocating the private dining room and building a salon.

“One of our strategies is to elevate the choices and services available in Assisted Living,” Dixon said.

Since becoming a part of the LifeSpire family, residents have seen tremendous campus improvements with more to come.

“Since joining LifeSpire’s family, we’ve really been able to experience what it’s like to be part of a non-profit organization. They are making investments to make our community better,” Dixon said.

Keyless entry systems and new cameras offer enhanced security and peace of mind. New awnings, fencing and landscaping along Enterprise Drive allow first floor residents easy outdoor access from their patios.



“Our campus has the best of both worlds. We have our beautiful lake and walking trails, but we’ve also enhanced a lot of the Enterprise Drive side, located in the heart of Wyndhurst, with coffee shops, restaurants and other amenities, giving residents the convenience and excitement of the city and the beauty of the country in one location,” Dixon said.

“We’re really looking forward to the completion of our grand entrance at Grand Summit Drive. We’ve accomplished so much in the past year and we’re looking forward for what’s next to come.”

The Summit continues to embark on new projects with the leadership team and residents working on a master plan for the coming years. “LifeSpire is looking at where are our needs are and putting the money and efforts into making those upgrades and investing in the community,” Colbird said.

This will be a busy year at The Summit. “The Summit has so much to offer and we’ll be working together to continue to grow the culture in this community,” Feldbauer said.





The Summit culinary leadership team includes (from left) Sous Chef Zee Crawley, Food and Beverage Manager Josette Wooldridge, Director of Culinary Services Mitch Rodhe, Sous Chef and Culinary Assistant Priscilla Triplett and Executive Chef Jonathan Goldstein.

Dinner is served

The Summit adds dining options

Following the lead of LifeSpire of Virginia and other Life Plan Communities, The Summit is bringing all of its dining services in-house, led by Director of Culinary Mitch Rodhe.

“We’re going to continue the traditions of culinary excellence at The Summit, along with new options for the residents we serve,” Rodhe said.

His first tasks were hiring an executive chef, sous chef, lead cooks and wait staff. “It’s our mission to make sure the residents are taken care of, have an effortless dining experience and enjoy quality food,” Rodhe said.

The New Year brings additional options to give residents flexible meal plans. Traditionally, Independent Living residents received one meal in the dining room a day.

They now have the option to choose to continue with one meal a day, opt for less meals a month or pay for items as they go.

Rodhe said the goal is to give residents autonomy. “We want to give residents different options to enjoy the dining room how they want,” he said. “They can choose the way they want to dine.”

Rodhe looks forward to opening a new cafe this year in the commons space, offering breakfast and lunch items, along with wine and appetizers before dinner. In warm weather, the cafe will utilize The Summit’s back patio.

“The community can come together, soak up those gorgeous views and enjoy a glass of wine and some appetizers,” Rodhe said.

“It’s our mission to make sure the residents are taken care of, have an effortless dining experience and enjoy quality food.”

— Director of Culinary Mitch Rodhe



Anniversary Dinner

Dressed to impress, residents were all smiles during The Summit's 19th Anniversary Dinner, which included a champagne toast, lovely dinner and an after party on the deck.





Trick or Treat

Residents and team members wore their best costumes, invited some special guests and made it a Halloween to remember.





Veteran's Salute

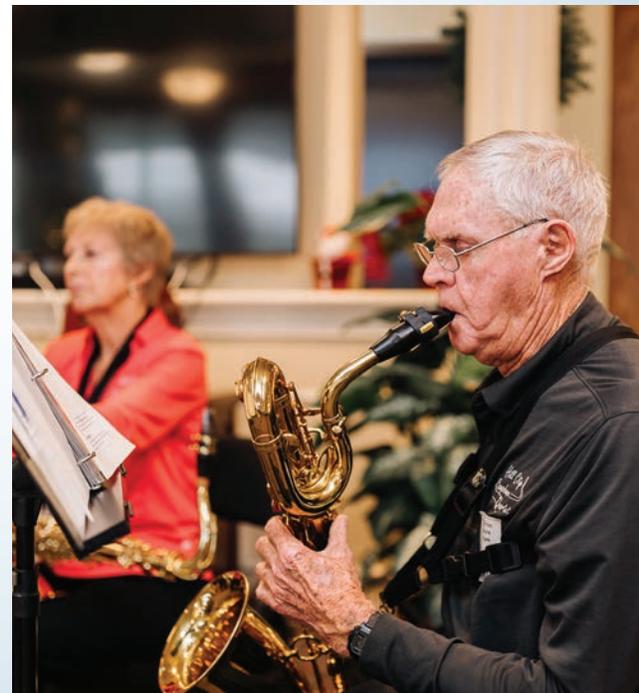
Heroes call The Summit home. During the annual Veteran's Buffet Brunch, residents and team members celebrated the patriots that live on campus with a special presentation and a stirring speech from James W. Morrison.





Holly & Tolly

The Summit Assisted Living team members made the Christmas season one to remember with festive parties, music and food. Friends and family together makes the holidays merry and bright.





Deck the Halls

Residents of The Summit opened their halls and doors to Advantage Club members and guests for the annual Deck the Halls Christmas Celebration. Live music, appetizers, wine and great new friends make the event a special holiday highlight.



Upcoming Events at The Summit



Advantage Club members have all the fun

Advantage Club Members receive priority status to move to The Summit and enjoy the benefits of the Advantage Club, including:

- One complimentary meal per month in The Summit dining room with prior reservations
- Additional meals in The Summit dining room with prior reservations at established rates
- Participation in planned events and programs provided by The Summit at established rates (if any)
- Additional three months of Health Care Benefit

To join the Advantage Club, call Marketing Director Brenda Dixon at 434.582.1500 or email BDixon@SummitLynchburg.org.

Advantage Club Mixer | March 17, 2 p.m.

Join us for a festive St. Patty's Day Advantage Club Mixer and share food and drinks with residents.

Alzheimer's Caregiver Support Group

Sponsored by the Alzheimer's Association, The Summit hosts a caregiver support group on the first Thursday of each month at 2 p.m. For details, contact Lisa Watson at lwatson@summitlynchburg.org or 434-582-1500.

Meet the Artist | March 8, 2 p.m.

Meet Betty Leary and enjoy her new art exhibit.

Watercolor Class | March 6, 11 a.m.

Join us for a six-week watercolor class. All experience levels welcome. Cost is \$35 per person. RSVP to Brenda Dixon at 434.582.1500 or email BDixon@SummitLynchburg.org.

We Care Connect ensures commitment to excellence

Thanks to LifeSpire of Virginia, The Summit has a new survey tool, We Care Connect, to receive feedback from residents and team members. We Care Connect allows residents and team members to offer input on a wide range of topics that affect the Life Plan Community.

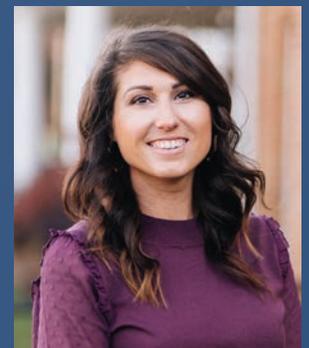
"I think it speaks volumes to residents about our commitment to quality and the services that we offer. We want them to be happy and to receive the services they expected before moving in," Marketing Director Brenda Dixon said.

According to Resident Life Manager Tiffany Coffey, new residents receive a phone or email survey within two weeks of moving in. She responds to each resident within 48 hours to resolve any issues.

"That gives us an opportunity to reach out to them in person with anything they need help with," Coffey said.

Residents receive another survey 45 days after moving in and another every six months.

Coffey said new team members receive a survey when they join The Summit, followed by another at their 45-day mark and another every six months. "LifeSpire is trying to reach out to the team to make sure they are happy as well," Coffey said. "I think it's a wonderful tool and wonderful opportunity to use this."



Tiffany Coffey

Home Sweet Home

Relax into retirement with comfort and ease in one of our spacious apartments.

With immediate availability, you can begin the process of settling into The Summit today!



The SUMMIT

A Life Plan Community

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